

Transitions and Changes Learning Disability & Autism Spectrum Disorders Study

→ Aim

This County Durham study will work collaboratively with the learning disability community to explore the experiences of people living with a learning disability and/or autistic spectrum disorder (LD&/ASD), their families and caregivers, as well as the perspectives of professionals delivering specialist and non-specialist services in County Durham, in order to identify gaps and opportunities in service quality and provision, and determine future needs, for improved and better coordinated services that ensure they “get the right support to live the life they want in their local community” as the UK government's Building the Right Support plan seeks to do.

→ Why

We have been asked to learn about the experiences of the learning disability and autism spectrum disorders community. We are particularly interested in speaking to people:

- With a learning disability and/or autism in support at times of uncertainty or change, such as leaving school or moving into supported living, becoming independent or growing older.
- Parents and/or carers of those with a learning disability and/or autism.
- Professionals who are providing specialist or non-specialist services to the learning disability and autism to join our steering group.

We want to hear what is working well and what could make support even better. We are planning a series of focus groups and would love to hear from those with the above insight. Contact research@pcp.uk.net to speak to our team.

→ Champion role

To make sure that the study best describes the community's experience and needs, we are looking for ‘Learning Disability &/ Autism Champions’ to join our working group.

- Attend a meeting online every four weeks
- Help lead the study, to make sure that it is doing what it should be
- Make sure the learning disability and autism community has a voice
- Help us to gather information from their own groups
- Attend a final workshop to bring all the information together

We will:

- Give you study training and a certificate
- Pay for any travel you need to do for the study
- Present you with a certificate for being a Champion

Before you decide, you should discuss this with an adult you trust.
If you have any questions, please email research@pcp.uk.net