

# Pioneering Care Partnership – April to June 2025 Training Calendar

## PCP Internal Training and Development Calendar



Training	Trainer	Dates	Times	Location
<b>General Data Protection Regulation (GDPR)</b> An overview of PCP's Policy and Procedure relating to GDPR practices. <ul style="list-style-type: none"> <li>Confidentiality</li> <li>Data Protection</li> <li>Information Sharing</li> <li>Data Subject Access</li> </ul>	Vicky Browning	Tuesday 13 <sup>th</sup> May	09:30-10:30	Teams
<b>PCP's Risk Assessments</b> Understanding PCP's risk assessment templates.	Mel Spence	Wednesday 21 <sup>st</sup> May	10:00-11:00	Teams
<b>ICT -Helpdesk Drop in</b> This is an informal drop in (and out) on Teams so you can ask any questions, let us know any issues you might be having or generally to talk all things digital. You only need to stay for your question or comments, but are welcome to stay online to hear others too.	Dan Fletcher and Vicky Browning	Tuesday 20 <sup>th</sup> May	10:00-11:00	Teams
<b>Time management- Tips for managing time effectively</b> Without properly managing time for yourself or team, you may notice feeling over stretched. This is where time management can become an important asset valuable to you, in this session, we will explore what time management is, why its important and how you can improve time management skills.	Vicky Browning and Bobby Hewitson	Wednesday 11 <sup>th</sup> June	09:00-12:00	PCP Aycliffe
<b>Pioneering Portal Drop-In Session</b> Tips on using the Pioneering Portal This session is a drop-in session to learn how you can use PCP's intranet system, the Pioneering Portal, to promote the work you're doing, connect with colleagues and ask questions.	Danny Walker	Wednesday 7 <sup>th</sup> May	10:00-11:00	PCP Aycliffe



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## PCP Training, Development and Workplace Wellbeing Calendar



<b>WBFL Training Courses- Please use link to view courses</b>  WBFL Training Calendar - April - June	WBFL Team	See dates on WBFL calendar		To book please email <a href="mailto:cdda-tr.cbs@nhs.net">cdda-tr.cbs@nhs.net</a> Copying in HR.
<b>Mental Health First Aid</b> The aim of this 2 day course is to provide training for learners to gain skills in recognising the signs and symptoms of common mental health issues and to be able to effectively guide them in the direction of appropriate support to support people with their mental wellbeing. The mission is to help people to develop skills to look after their own mental health and to reduce the stigma and discrimination towards those who are struggling.	WBFL	TBC	TBC	To register for the waiting list please email us to request an application form: <a href="mailto:cdda-tr.CBS@nhs.net">cdda-tr.CBS@nhs.net</a>
<b>Mental Health First Aid</b> Through a blend of instructor led live sessions and self learning activities, you will: <ul style="list-style-type: none"> <li>• Develop Practical Skills to spot the triggers and signs of mental health issues.</li> <li>• Gain confidence to reassure and support a person in distress.</li> <li>• Learn how to guide them to further support and recovery.</li> </ul>	MHFA England	Wednesday 11 <sup>th</sup> June Thursday 12 <sup>th</sup> June Friday 13 <sup>th</sup> June	09:15-13:15 09:15-13:15 09:15-14:15	Online- attendance required on all 3 days Contact <a href="mailto:amy.johnson@pcp.uk.net">amy.johnson@pcp.uk.net</a> to reserve a place.
<b>Health Advocate Training</b>	Amy Johnson	Monday 28 <sup>th</sup> April	10:00 –12:30	Teams



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## PCP Training, Development and Workplace Wellbeing Calendar



<p>To equip health advocates with the knowledge and skills essential for promoting health and wellbeing in the workplace and enable health advocates to give colleagues practical support in their efforts to achieve a healthier lifestyle.</p> <p>Objectives:</p> <ul style="list-style-type: none"> <li>To explore what factors influence our health</li> <li>To consider what attitudes influence our health</li> <li>To identify the responsibilities and skills required of a health advocate</li> <li>To identify and explore health campaign topics and resources</li> </ul>		Thursday 22 <sup>nd</sup> May	10:00 –12:30	<p>To reserve a places, please email <a href="mailto:workplacehealth@pcp.uk.net">workplacehealth@pcp.uk.net</a> and copy in HR</p>
<p><b>Mental Health Awareness</b></p> <ul style="list-style-type: none"> <li>Learn how to take positive steps to remove stigma surrounding mental ill-health</li> <li>Understand different mental illnesses, how to recognise changes in behaviour and what to keep an eye on</li> <li>Learn how happier staff make better, more productive staff and what you can to support others</li> </ul>	lhasco			
<p><b>Mental Health Awareness for Line Managers</b></p> <ul style="list-style-type: none"> <li>Learn the importance of providing good working conditions for your team and how poor mental health can negatively impact a business</li> <li>Learn how to take positive steps to remove stigma surrounding mental ill-health</li> <li>Learn what to look out for in employees and changes in behaviour and signs people are experiencing poor mental health</li> </ul>	lhasco			
<p><b>Health and Safety Training for Homeworkers</b></p>	lhasco			



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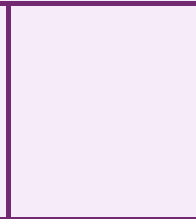


# Pioneering Care Partnership

## PCP Training, Development and Workplace Wellbeing Calendar



- Understand your employer's responsibilities with regards to your safety at work
- Gain practical skills that keep you vigilant, confident, and safe while you work alone
- Learn about implementing simple safety strategies when staff travel to, from, and for work



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