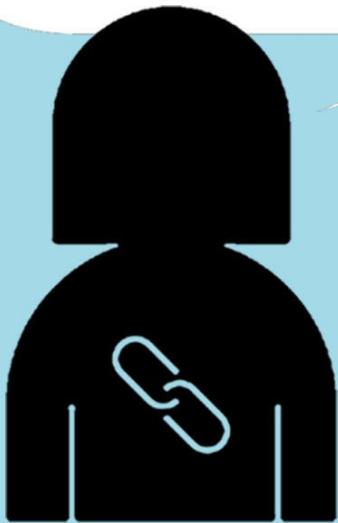


Darlington Memorial Hospital Link Workers



We can support you to improve health and wellbeing after you have been discharged from hospital. We can help you to be more active, reduce isolation and loneliness and signpost into groups or services in your local area which are suitable to your needs.



- Making connections in your local area
- Reduce feelings of loneliness & isolation
- Improve health & wellbeing

For more information please contact
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