

Volunteer for the County Durham COVID-19 Resilience Team

- Team Community Supporters will contribute to the provision of local wellbeing and psychological support for COVID-19 specific mental health and emotional wellbeing across County Durham by assisting the COVID-19 Resilience Team workers in the delivery of focused outreach local people and communities in a range of settings.

➤ Main Tasks:

- Support the COVID-19 Resilience team.
- Provide support alongside workers, to individuals who have: had COVID-19, been bereaved by COVID-19 or work as a non-Health & Social keyworker and have been adversely affected as a result of COVID-19.
- Aid & promote the service, support recruitment of appropriate clients and signposting to relevant local services.
- Assist in facilitation of support groups.
- Listen sympathetically to concerns and to work in a solutions-focus manner.
- Support preparation and co-production of action plans and sourcing holistic package of support.
- Assist in client goal achievement.
- Carry out follow up calls to support individuals and/or service development.



Personal Qualities

- Good communicating, listening and interpersonal skills.
- A friendly approachable manner with an ability to encourage & motivate.
- Flexible and a good team player.
- Empathetic, non-judgemental with a passion for improving the community.

All reasonable out of pocket expenses will be paid including mileage allowance.

➤ How to join us

Contact:

covidresilience@pcp.uk.net