Pioneering Care Partnership (PCP) Travel Plan for Pioneering Care Centre





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Travel Plan Overview

Transport makes up over 25% of the UK's greenhouse gas emissions (2019 figures) and it is one of the key areas being targeted by government strategy to ensure the UK meets its carbon reduction targets. It can have a significant adverse impact on the environment, increasing resource use, causing water and air pollution as well as contributing to carbon and other greenhouse gas emissions. By adopting this travel plan PCP is demonstrating a commitment reducing our environmental impact by prioritising sustainable modes of transport and minimising the use of fossil fuelled cars. Our travel plan aims to deliver a range of social, environmental, economic and health benefits and adoption by all staff is encouraged.

Measuring & Monitoring

The Travel Plan and associated action plan aims to measure, monitor and manage the use of:

- Business related travel, including the use of sustainable transport and grey fleet (employees own cars used for business purpose).
- Commuter travel to and from work from 2025 onwards.

This is recorded monthly and reported annually. PCP has historic data that enables us to track changes. We also have an action plan to support the reduction of PCP's Green House Gas Emissions.

Engaging Employees & Stakeholders

We encourage stakeholders to consider how they travel to our premises. The Pioneering Care Centre is a busy community hub providing a base to a range of services including a GP, nursery and Pharmacy, therefore we have limited onsite parking. This travel plan will be saved in our Document Hub for employees to access and available on our website for stakeholders.

Purpose of this plan

This travel plan's purpose is to:

- •Reduce transport related carbon emissions
- Demonstrate the organisation's commitment to sustainability
- •Promote health and wellbeing for all
- •Reduce environmental and social impact of work related travel
- •Reduce the number of single occupancy vehicle journeys
- Increase the efficiency of vehicle use
- •Influence the purchasing of business travel and accommodation
- •Show leadership in and consideration for our immediate community

Travelling to the Pioneering Care Centre

Active Travel

Newton Aycliffe has some great transport links and fantastic cycling and walking networks, with future investment planned. For more information, please refer to <u>Neighbourhood Plan - Great Aycliffe Town Council (great-aycliffe.gov.uk)</u>. As a health and wellbeing charity we encourage people to use active travel where possible. Whilst we don't offer showering facilities we do have accessible toilets where individuals can change if required.

Where are we based?

The Pioneering Care Centre is located on Carer's Way, Newton Aycliffe, DL5 4SF. Our what3words location is ///importing.weeks.haggle

Train

Newton Aycliffe does have a train station, which is located 1.8 miles away from the centre. From there it is either:

- ע 25 30 minutes' walk along well connected footpaths
- ¥ 15 minute bike ride (Newton Aycliffe has well established cycle routes)
- **W** Or the following buses:
 - Number 5 from Williamfield-Hawkshead Place
 - Number 7 from Burnhill Way

For train timetables please visit: <u>Newton Aycliffe Live</u> <u>Departures | Live Train Status - Trainline (thetrainline.com)</u>

> Pioneering Care Partnership (PCP)

Tesco Extra 🕻

🗟 23 min

* 33 min

🛱 > 🛱 24 min

🗟 26 min



The Pioneering Care Centre has two bus stops that are within a 5-10 minute walk, away they are: •Burn Lane Roundabout •Woodham Burn Lane Garage

Arriva UK Bus | Buy Bus Tickets & Check Live Bus Timetables (arrivabus.co.uk)

The Get Around for £2 scheme where a single bus journey will cost no more than £2 runs until 31 December 2024. <u>https://www.arrivabus.co.uk/2-pound-bus-fare</u>

Cycling

Newton Aycliffe has a comprehensive network of cycle routes and the centre has 2 onsite cycle parking facilities. To plan your route please visit: <u>Where to cycle -</u> <u>Durham County Council</u>

Walking

PCP is well connected via paths, including the more scenic route <u>Great-Aycliffe-</u> <u>Way</u>. There are crossing points on major roads to support pedestrians walking to the centre.

Electric Vehicle

PCP has an electric vehicle charging point located in our car park (first left). Please note that this is Durham County Council owned and PCP are not responsible for any issues with this installation.



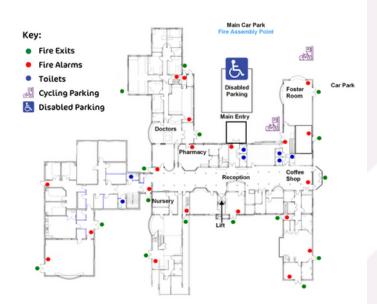
There are a number Taxi services available on the town.

Alternative Bus Services

For a full list please visit <u>Alternative bus</u> <u>services - Durham County Council</u>, were you will also find contact information. Services provided include Link2Work, Patient Transport (hospital/GP), Link2 and Access Bus.



Once you are at the Pioneering Care Centre



Cycling Parking

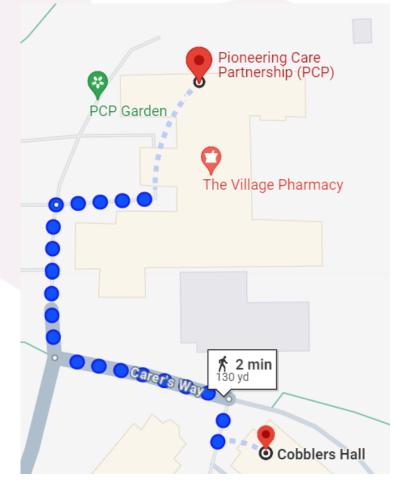
PCP have two designated areas for cyclists to park their bikes. Covered parking is by the gated area. Non-covered is located in the one way system near our entrance.

On-Site Parking

The Pioneering Care Centre is a busy community hub providing a base to a range of services including a GP and Pharmacy, and we have limited onsite parking. Therefore if you are a group of individuals all travelling to the centre, please consider car sharing.

Accessible parking is located on the right within the one way drop off point by the main door. There is further disabled parking directly opposite this on the left. General parking is located on the left hand side.

Further car parking is available within the Cobblers Hall Shopping Centre located a short 2 minute walk away around the corner.



Site Guidelines

We are a multipurpose centre, which is used by a number of client groups. We attract approximately 350,000 visitors a year so we ask that individuals are respectful of other needs when using the site. Some guidelines we would like you to follow are:

- · Be respectful and courteous of other centre users
- At the site entrance there is a Zebra Crossing please give way to pedestrians
- The one way system is located in the forecourt area, entrance to this is via the second right
- Do not block the one way system, it is designed for people to be dropped off at the main entrance and provide easy access to centre users
- Queues happen in the drop off area, please be patient
- Do not obstruct the designated pedestrian walk ways in the drop of area
- Do not park in disabled bays unless you are a blue badge holder
- Do not park in the car charging bay unless you are charging your car
- If there is no bay, please do not make others pay by potentially causing obstructions, instead please park in the shopping centre around the corner
- · Accidents happen, please report them
- Staff should park in the gated area to side of the building, if this is busy then they should park in the shopping centre around the corner
- Please note that in some areas the building is low and overhangs, so is you are large vehicle, i.e. a lorry, please be mindful of this
- In the event of a Fire Evacuation the top end of the car park is the fire assembly point. Please give way to pedestrians making their way to this point
- PCP have CCTV is in operation around the site
- Speed is restricted on site to 5 miles per hour, so please reduce your speed before you enter

Onsite Services

Coffee Shop

The Garden Kitchen Coffee Shop is open 10.00 am until 2.00 pm, Monday to Friday and offers refreshments to all visitors. Both indoor and outdoor seating is available.

Outdoor Gym

A small gym is located outside in our community garden, located at the rear of the building.

Community Garden

PCP has a small community garden with seating that can be enjoyed by people using the centre.

Room Hire

PCP has a small number of rooms that can be hired for events and activities.

Hydrotherapy Pool

The centre is home to the regions only community use heated hydrotherapy pool. A perfect place to relax, exercise or rehab.

Classes, Courses, Activities and Events

PCP offer a range of activities including walking and cycling groups, opportunities to learn new skills, exercise classes and events.

Other Services include:

The Village Pharmacy House of Eden Nursery Jubliee Medical Practice NHS Services Community Mental Health Team

For a full list of service please visit: www.pcp.uk.net

Accessibility

PCP has a number of accessible toilets located throughout the building and a lift. Tracked hoists equipment are located in the toilet closest to the reception desk in entry way and the newly refurbished Hydrotherapy Pool.

Supporting Our Team

To support PCP employees we have the following in place:

PCP Mileage Rates

Employees using their own vehicles for business travel can receive a tax and NI free amount per mile, known as the approved mileage allowance payment. This covers any general or mileage-related expenses in relation to the vehicle, such as fuel, servicing, tyres, road fund licence, insurance.

The mileage rates that may be paid without attracting a liability to income tax are currently:

- Car or van 45p per mile for the first 10,000 miles per annum, 25p per mile thereafter
- Motorcycle 24p per mile

To encourage active travel PCP also offers Cycle mileage at 20p per mile.

Car Sharing Incentive

Employees can claim a tax-free passenger rate of 5p per mile for each fellow passenger (not the driver) carried by the employee, who are making the same business trip. All passenger names must be noted on the claim form.

Alternative Transport

For long journeys, staff are encouraged to take trains and these expenses will be reimbursed.

This can also be used as a method of travel local, i.e. Darlington to Newcastle, if attending a meeting, event etc.

Staff are also able claim expenses for other forms of transport i.e. buses.

What else do we do?

- Back on Your Bike Courses for individuals that want to build cycle confidence
- Discount on bikes and equipment via the "Cycle to Work" salary sacrifice schemes
- Employee Health and Wellbeing Campaigns

Smart Working Practises

Where roles, projects and services permit, PCP can offer employees:

- Home Working
- Hybrid Working
- The centre has limited hot desk arrangements
- Staff can make requests through our Flexible Working Request Procedure of staggered start/finish times, compressed hours etc.
- Staff have access to Microsoft Teams and can therefore attend online meetings and events

Minimising the impact of vehicle use

PCP operates across County Durham, Sunderland and Tees Valley, working directly within these communities, which means car travel can often be unavoidable. In these situations, other strategies will also be adopted, including:

- Monitoring mileage to track usage and identify possible reduction strategies
- Encouraging employees to plan trips in order to maximise time use efficiency and reduce mileage, ensuring they use a one round trip approach, rather than many individual ones
- Home working where appropriate to reduce travel to work
- Provide information to drivers on fuel efficient driving techniques, for example accelerating slowly, driving at lower speeds, braking less heavily, changing up gears sooner etc.
- Encourage employees to keep vehicles maintained, i.e. including reducing excess loads and checking tyre pressures
- Encourage staff to car share for commuting and business mileage
- Encourage online meetings

