



The Reflex Clinic



e: info@thereflexclinic.co.uk

t: 07799317664

Check out our website →



Clinical Reflexology can help manage the symptoms of almost any clinical condition.



**For all enquiries please contact:
Angela at The Reflex Clinic.**



**The Pioneering Care Centre,
Newton Aycliffe, DL5 4SF**



**Tuesday - Friday
Saturday available upon request**



Are you suffering from ?

Emotional or physical symptoms of stress:

Anxiety, panic attacks or trouble sleeping.

Pain:

Sports related pain, arthritis, injury or muscle pain.

Hormonal issues:

Perimenopause / menopause / fertility issues.



Clinical Reflexology can help manage the symptoms of almost any clinical condition.

What is Reflexology?

- 👣 Reflexology is based on the theory that different points, or reflexes on the feet, correspond to parts of the body.
- 👣 By applying pressure to these reflexes, it stimulates the body's healing processes and can aid relaxation, reduce stress, improve circulation and improve wellbeing.