

Health and Wellbeing in the workplace matters



Better Health
at Work Award

The **Better Health at Work Award** recognises the efforts of local employers in addressing health issues within the workplace.

The award scheme is FREE, flexible and open to ALL employers in the North East and Cumbria, regardless of size, location or type of business. **Sign up at www.betterhealthatworkaward.org.uk**

With over 500 regional employers participating in the scheme so far and a reach of nearly 250,000 workers in 2017 alone, **we are now seeking further organisations throughout County Durham to join.**

Individuals benefit from a healthier environment and culture, increased access to health information and interventions where they wouldn't normally; workplace activity as part of the Award has potentially saved lives on numerous occasions – identifying dangerously high cholesterol levels and early stage cancers.

Employers benefit from improved staff engagement, lower levels of absenteeism and increased productivity.



Join County Durham based organisations in leading the way on future health and wellbeing in the workplace



Ambassador Status



Ready to find out how your organisation can take the first step in becoming a health and wellbeing workplace champion?



www.facebook.com/WorkplaceHealthDurham



www.betterhealthatworkaward.org.uk



@BHAWADurham