

# Volunteer with Options

➤ Option is a user led project for adults with learning and physical disabilities, providing opportunities to improve skills, confidence, self-esteem and health.

➤ **Role Purpose:**

To assist in the smooth running of the Options Project.

➤ **Main Tasks:**

- To support the day to day running of the project.
- To support Options members to participate in activities.
- To assist in the setting up and clearing away each day.
- To promote choice, equality and control to Options members.
- Support members on outreach activities.
- To assist in the delivery of session to Options members.
- Specific training will be provided.
- To adhere to all PCP's Policies and Procedures.

All reasonable out of pocket expenses will be paid including mileage allowance.



## Personal Qualities

- Be reliable, honest and patient.
- Have a friendly and flexible attitude.
- Be approachable.
- Have an understanding of individual barriers that disabled people face in their daily lives.
- Have good communication skills.
- Have an understanding of confidentiality.

## How to join us

Contact:

[options@pcp.uk.net](mailto:options@pcp.uk.net)