

Volunteer as a Cycle Marshall

➤ To support with the delivery of a series of marshal led cycle rides for County Durham in partnership with PCP.

➤ Main Tasks:

- • To lead the group on the rides at a suitable pace.
- To be responsible for First Aid on rides (training will be provided).
- To be responsible for the basic maintenance of the bikes, to advise PCP of any serious repairs or maintenance needed.
- To be responsible for the completion of any Cycle Durham and PCP paperwork as required.
- To assist in planning the routes for the rides.
- To ensure all safety precautions are taken for each ride, including the completion of PAR-Q forms.
- To adhere to both PCP's & County Durham's policies and procedures.

All reasonable out of pocket expenses will be paid including mileage allowance.



Personal Qualities

- Be reliable and honest.
- Have a friendly and flexible attitude.
- Be well organised.
- Be approachable.
- Have good communication skills.
- Have an understanding of confidentiality.

➤ How to join us

Contact:

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