

Pioneering Care Partnership – Sept - Dec 2025 Training Calendar

PCP Internal Training and Development Calendar



Training	Trainer	Dates	Times	Location
General Data Protection Regulation (GDPR) An overview of PCP's Policy and Procedure relating to GDPR practices. <ul style="list-style-type: none"> Confidentiality Data Protection Information Sharing Data Subject Access 	Vicky Browning	Wednesday 8 th October	9.30 – 10.30	Teams
PCP's Risk Assessments Understanding PCP's risk assessment templates.	Vicky Browning	Tuesday 30 th September	9.30 – 10.30	Teams
ICT -Helpdesk Drop in This is an informal drop in (and out) on Teams so you can ask any questions, let us know any issues you might be having or generally to talk all things digital. You only need to stay for your question or comments, but are welcome to stay online to hear others too.	Dan Fletcher and Vicky Browning	Tuesday 11 th November	10.00 – 11.00	Teams
Time management- Tips for manging time effectively Without properly managing time for yourself or team, you may notice feeling over stretched. This is where time management can become an important asset valuable to you, in this session, we will explore what time management is, why its important and how you can improve time management skills.	Vicky Browning and Bobby Hewitson	Wednesday 26 th November	9.30 – 12.30	PCP Aycliffe
Pioneering Portal Drop-In Session Tips on using the Pioneering Portal This session is a drop-in session to learn how you can use PCP's intranet system, the Pioneering Portal, to promote the work you're doing, connect with colleagues and ask questions.	Danny Walker	Dates TBC for Q4		PCP Aycliffe



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<p>Using LinkedIn - creating an account and the basics.</p> <p>This training course is for those who haven't used LinkedIn before, but would like to. The session will cover:</p> <ul style="list-style-type: none"> • Introduction to LinkedIn • Setting up a LinkedIn account • Profile basics • How to add information on education and workplace • Skills and endorsements • Building your network • How to engage with content • Privacy settings and professional boundaries • Overview of dos and don'ts • Questions <p>There will be a session each quarter, with each session being different from the last - so if you aren't interested at this stage in the course, a future one may have elements you are keen to learn.</p>	Jenny Lee	TBC for Q4		Teams – Please contact jenny.lee@pcp.uk.net to be added to the course
<p>Using LinkedIn for strategic networking</p> <p>This training course is for those who have used LinkedIn before to a basic level (created an account, or have done previously). This session will cover:</p> <ul style="list-style-type: none"> • Optimising your profile beyond the basics 	Jenny Lee	Wednesday 24 th September	10.00 – 11.00	Teams Please contact jenny.lee@pcp.uk.net to be added to the course



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<ul style="list-style-type: none"> Strategic networking – using alumni tools and advanced search What kind of content works well How to be engaging on LinkedIn Basic introduction into LinkedIn insights Useful tools and features often missed Questions 				
WBFL Training Courses- Please use link to view courses  WBFL Training Calendar - April - June	WBFL Team	See dates on WBFL calendar		To book please email cdda-tr.cbs@nhs.net Copying in HR.
Mental Health First Aid The aim of this 2 day course is to provide training for learners to gain skills in recognising the signs and symptoms of common mental health issues and to be able to effectively guide them in the direction of appropriate support to support people with their mental wellbeing. The mission is to help people to develop skills to look after their own mental health and to reduce the stigma and discrimination towards those who are struggling.	WBFL	See dates on WBFL calendar		To register for the waiting list please email us to request an application form: cdda-tr.CBS@nhs.net
Mental Health First Aid Through a blend of instructor led live sessions and self learning activities, you will: <ul style="list-style-type: none"> Develop Practical Skills to spot the triggers and signs of mental health issues. Gain confidence to reassure and support a person in distress. 	MHFA England	24 th September 25 th September 26 th September	09.00 – 1.30 09.00 – 1.30 09.00 – 2.00	Online- attendance required on all 3 days Contact amy.johnson@pcp.uk.net to reserve a place.



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<ul style="list-style-type: none"> Learn how to guide them to further support and recovery. 				
Health Advocate Training To equip health advocates with the knowledge and skills essential for promoting health and wellbeing in the workplace and enable health advocates to give colleagues practical support in their efforts to achieve a healthier lifestyle. Objectives: <ul style="list-style-type: none"> To explore what factors influence our health To consider what attitudes influence our health To identify the responsibilities and skills required of a health advocate To identify and explore health campaign topics and resources 	Amy Johnson	Thursday 18 th September 2025 Friday 17 th October 2025 –	10.00 – 12.30 10.00 – 12.30	Teams To reserve a places, please email workplacehealth@pcp.uk.net and copy in HR
Mental Health Awareness <ul style="list-style-type: none"> Learn how to take positive steps to remove stigma surrounding mental ill-health Understand different mental illnesses, how to recognise changes in behaviour and what to keep an eye on Learn how happier staff make better, more productive staff and what you can to support others 	Ihasco			
Mental Health Awareness for Line Managers <ul style="list-style-type: none"> Learn the importance of providing good working conditions for your team and how poor mental health can negatively impact a business 	Ihasco			



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<ul style="list-style-type: none"> Learn how to take positive steps to remove stigma surrounding mental ill-health Learn what to look out for in employees and changes in behaviour and signs people are experiencing poor mental health 				
Health and Safety Training for Homeworkers <ul style="list-style-type: none"> Understand your employer's responsibilities with regards to your safety at work Gain practical skills that keep you vigilant, confident, and safe while you work alone Learn about implementing simple safety strategies when staff travel to, from, and for work 	lhasco			



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