## Volunteer Health Trainer with ROAD

To support individuals and groups to increase their awareness of health and wellbeing behavior issues and support individuals to achieve health goals.

## Main Tasks:

- To support the Health Trainer with the delivery of group sessions.
- Assist the Health Trainer with the completion of paperwork.
- Support national health campaigns.
- Signpost to relevant services.
- To adhere to all PCP policies and procedures.







## Personal Qualities

- Be reliable and courteous.
- Have a friendly and flexible attitude.
- Be well organised and approachable.
- Have good communication skills.

All reasonable out of pocket expenses will be paid, including mileage allowance.



How to join us

Contact:

vikki.brumwell@pcp.uk.net